

Red Fox Aquatic Club Athlete Code of Conduct

1. Athletes will display proper respect and sportsmanship toward coaches, officials, administrators, fellow athletes, competitors, and the public. Athletes will refrain, at all times, from any conduct that is unbecoming to Red Fox Aquatic Club. This shall include, but not be limited to, abusive language, lying, theft destruction of property, or any other criminal behavior. Disciplinary action will occur if an athlete is disrespectful, displays poor sportsmanship, destroys property, or does not follow rules or direction stated by coaching staff.
2. Conduct unbecoming to RFAC—even if it occurs outside of team events—may result in suspension or termination of membership at the discretion of the Head Coach.
3. RFAC has a no tolerance drug and alcohol policy for all swimmers at home and away functions. At team events, the possession or use of alcohol, tobacco products, or recreational drugs by any team member of RFAC is prohibited and will result in suspension or termination of membership. The use of alcohol or drugs in any setting outside of team events may result in suspension or termination of membership.
4. Athletes will not display inappropriate affection or physical contact with another athlete while at RFAC activities, including swim meets, swim practice, team events, or during team travel. During travel events, unrelated male and female athletes will not enter one another's rooms except in the presence of a supervising adult. Any form of sexual misconduct or sexual harassment is strictly prohibited and will result in suspension or termination of membership.
5. Athletes participating in team travel will comply with the Team Travel Policy. Team travel is a privilege, and participation may be denied at the discretion of the Head Coach.
6. During official team events, athletes will attend all team functions including meetings, warm-ups, competitions, practices, exhibitions, and other events unless excused by the Head Coach.
7. Athletes will wear prescribed team apparel at meets or team events as directed by the Head Coach.
8. At all meets, athletes will check in with the coaches before and after every race, and before going to their parents. In a meet with preliminaries and finals, athletes who qualify for a final are expected to swim that final unless excused by the Head Coach.
9. Any athlete who is injured at practice or a meet must report this to their coach immediately following the injury. Any athlete who is ill or has an open wound must disclose the condition to the coach before joining practice.
10. Athletes will arrive on time, prepared, and with necessary gear for all practices and meets.
11. Athletes understand that any coach at any time has the authority to remove an athlete from the pool, facility, or event for disciplinary or safety reasons.

12. Athletes will follow all directions given by coaches.

Membership with Red Fox aquatic Club is a privilege and not a right. RFAC maintains the right to terminate any membership with or without cause in the interest of its mission and objectives.

Implementation for Athletes

All athletes, parents, and staff are apprised in writing of this policy. Annual signature of the Waiver, Release, Authorization and Agreement Form constitutes unconditional agreement to comply with the Code of Conduct as set forth by Red Fox Aquatic Club. Failure to comply with the Code of Conduct may result in disciplinary actions, which may include but are not limited to:

Removal from pool, training facility, or event venue to sit all or part of out the activity.

Removal from training facility and dismissal from team for a period of days or weeks.

Dismissal from the team and immediate return home from an event at the expense of the parent.

Disqualification from one or more events, or all events of competitions.

Suspension from further team activities for a specified duration.

Disqualification from future meets.

Termination of membership.

Formal follow-up actions will be taken if an athlete is involved in any disciplinary action more severe than a single day suspension.

The athlete will be required to attend a meeting that will occur within seven days of the incident and will include the following: athlete, parent or guardian, head coach, and additional coaching staff involved in incident.

The athlete will be allowed to present any information or evidence at that time and a decision will be rendered as to any further course of disciplinary action.

Athletes and their parents or guardians must indicate their willingness to comply with this Code of Conduct by signing the appropriate section of the Waiver, Release, Authorization and Agreement Form.